



[Date]

Dear [teen name] or [caregiver/LAR/parent name and teen name (if applicable)],

This letter is your invitation to continue participating in the ELGAN-ECHO study. Being an “ELGAN” means you have a remarkable life story, and we are so grateful to all of you for sharing this health history and helping us learn from it.

ELGAN is continuing to learn from you! The next study visit will be for teens who have reached 18 years of age. This study “visit” will be entirely remote and consist only of online surveys and questionnaires. Enrollment will be either by phone, mail, or computer. The topics include:

- general health and well-being
- transitioning to adulthood
- social/emotional and physical support
- sleep health
- physical activity
- COVID-19 and vaccination
- your interest in future research studies
- any new medical/health information
- updated contact information

We anticipate this “visit” taking no more than 1 hour, including both enrollment and completing the surveys. If you prefer or have limited internet access, paper copies of these surveys can be mailed to you to complete and mail back to your study coordinator. We can schedule a time to talk with you about enrollment on any day of the week and/or most weekends. As always, research participation is voluntary, and you can also skip any questions you prefer not to answer.

As a thank you for your time and effort, [you or teen’s name] would receive \$100 for your [their] participation.

I look forward to speaking with you more about this newest part of the study.

Sincerely yours,

[Study Coordinator (and possibly Site PI) name and contact information]